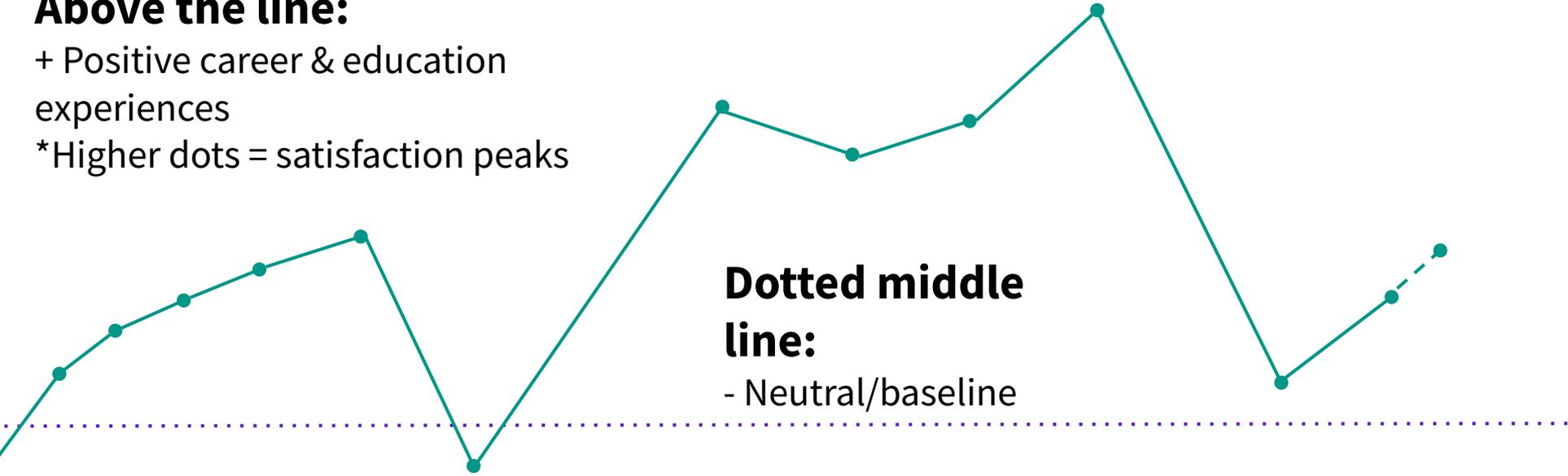


What's your career north star?

Above the line:

+ Positive career & education experiences

*Higher dots = satisfaction peaks



Dotted middle line:

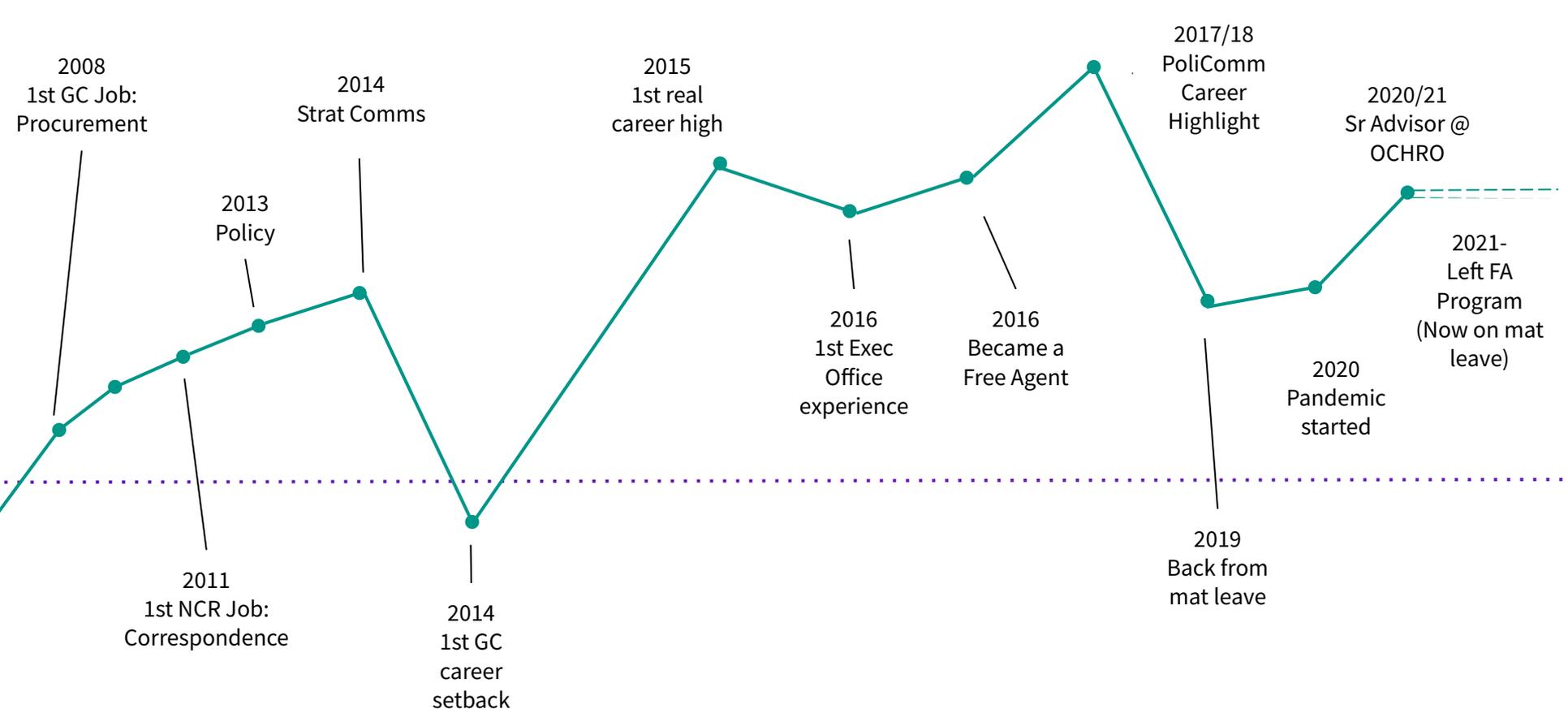
- Neutral/baseline

Below the line:

- Negative career & education experiences

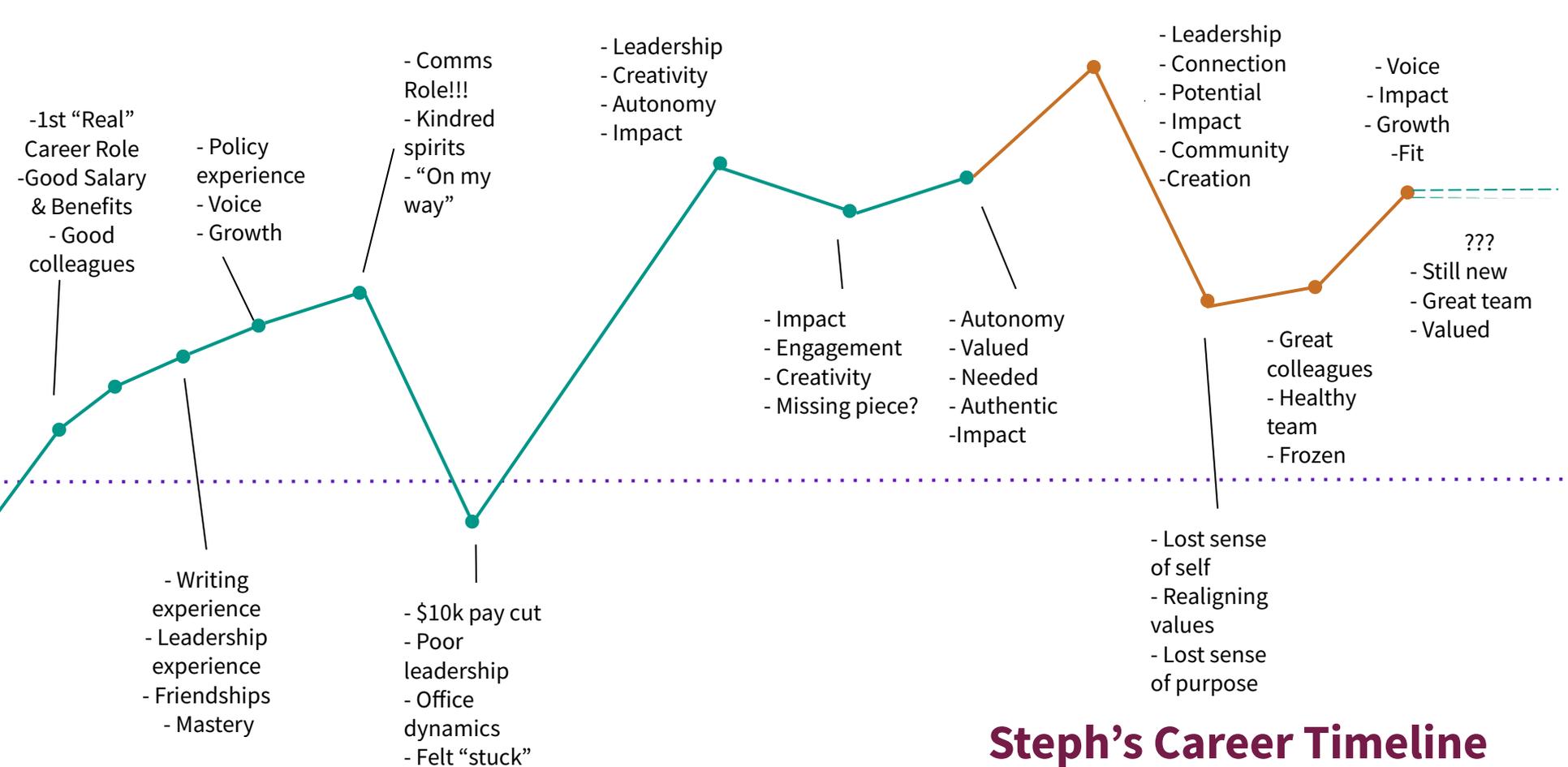
- Lower dots = satisfaction lows

Career Timeline Exercise



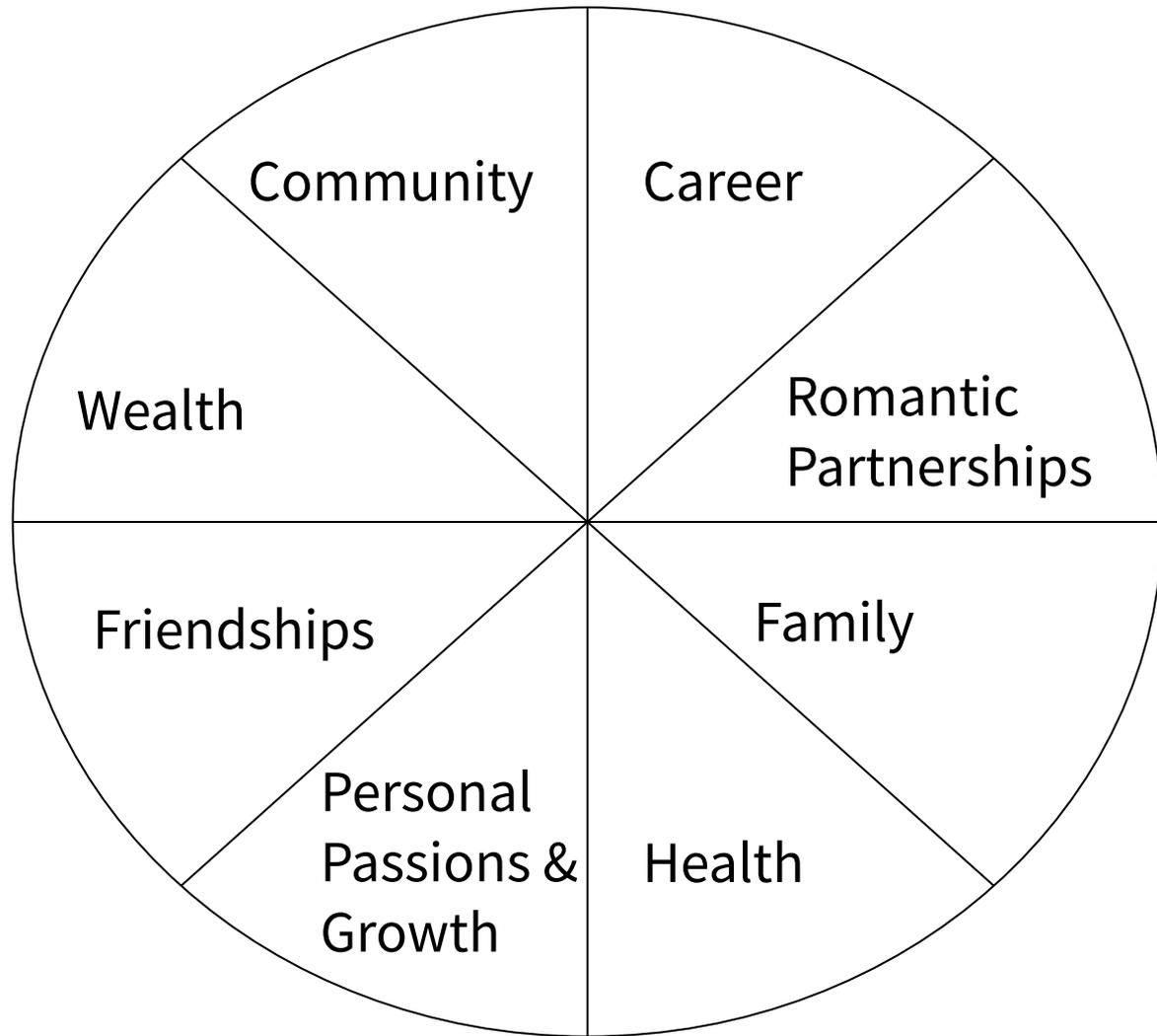
Steph's Career Timeline

GC Career 2008-2021



Steph's Career Timeline

GC Career 2008-2021



Wheel of Life

- Only so much time & energy
- What do you value most *at this point* in your life?
- Top priorities = where you might want to put your energy first
- How does your career align with your overall life needs/priorities?
- Revisit as often as you'd like as a way to check in with yourself.