

Infuenza Season - **MESSAGE TO BUILDING OCCUPANTS**

With the recent heightened awareness concerning the coronavirus, Public Services and Procurement Canada (PSPC) is proactively liaising with Health Canada to discuss potential changes in cleaning/disinfection protocols within the workplace. Should Health Canada recommend enhanced disinfection processes, please be assured that PSPC will be ready to support.

PSPC is committed to providing clients with productive and healthy work environments. With the winter flu season upon us, together we can take steps to prevent the spread of infectious diseases in the workplace.

Here are a few simple suggestions that we can all practice together:

- Wash your hands often
 - even after getting the flu shot, washing with soap and water for at least 15 seconds helps keep the virus from spreading
 - if soap and water are not available, use a hand sanitizer (gel or wipes) with at least 60% alcohol
- Cover your mouth when you cough or sneeze
 - Use a tissue or cough into your upper sleeve
- Avoid touching your face as the flu virus enters your body through eyes, nose, or mouth
- Talk to your manager about leave options or alternate work arrangements when you are not feeling well – viruses spread more easily in group settings
- Clean and disinfect surfaces and shared items – viruses can live for 24-48 hours on hard surfaces such as countertops, door handles, computer keyboards and telephones

For more information on disease prevention, you can visit the [Public Health Agency of Canada Infectious Disease](#) website.

Maintaining a healthy workplace is a collaborative effort. If you have any concerns, please speak to your manager.

Thank you for your cooperation.