

## Climate Emotions and the Public Service - Resources Shared / Les émotions climatiques et la fonction publique - ressources partagées

### Ressources français (plusieurs liens en anglais seulement)

- [Un thé dans la toundra / Nipishapui nete mushuat](#)
- [MATHILDE LEPAGE - Changeons de mode !](#)

### English resources

- [Climate and the Personal Essay — A Reading List – State of the Planet](#)
- [Your Guide to Talking With Kids of All Ages About Climate Change](#)
- [How can we help kids cope with 'eco-anxiety'?](#)
- [Reducing personal climate risk to reduce personal climate anxiety | Nature Climate Change](#)
- [Julie Sperling Mosaics](#)
- [Climate Psychology Alliance North America](#)
- [Imminent Domains: Reckoning with the Anthropocene by Alessandra Naccarato | Book\\*hug Press](#)
- Authors:
  - o Leslie Davenport
  - o Mary Annaise Heglar
  - o Sally Gillespie
- Documentary: An Inconvenient Truth

- The Acceptance and Commitment Therapy (ACT) Matrix

