



Ask Me Anything: Sikh Heritage Month

By: Shelby Racine, Events Management Officer

Panelists



Imaan Sandhu



Jodi Rai



Capt. Sarabjot Anand

Ask Me Anything

A Courageous Conversation on
Sikh Heritage Month

Time: 1:00 pm EST

Date: April 20, 2022

Hosts: Seema Chowdhury and Amnit Litt

On Wednesday, April 20, we held our interdepartmental Ask Me Anything event: [Sikh Heritage Month](#), in collaboration with the Department of National Defence and Health Canada.

Participants tuned in virtually from many departments to take part in a powerful and compelling conversation on accessibility efforts within the government. Among the passionate speakers were:

- Imaan Sandhu, Policy Analyst, Financial Sector Policy Branch, Department of Finance Canada
- Jodi Rai, Canada's Free Agents
- Captain Sarabjot Anand, RCAF C2IS Systems Design Engineer, Aerospace Equipment Program Management (Radar and Communication Systems), Canadian Armed Forces

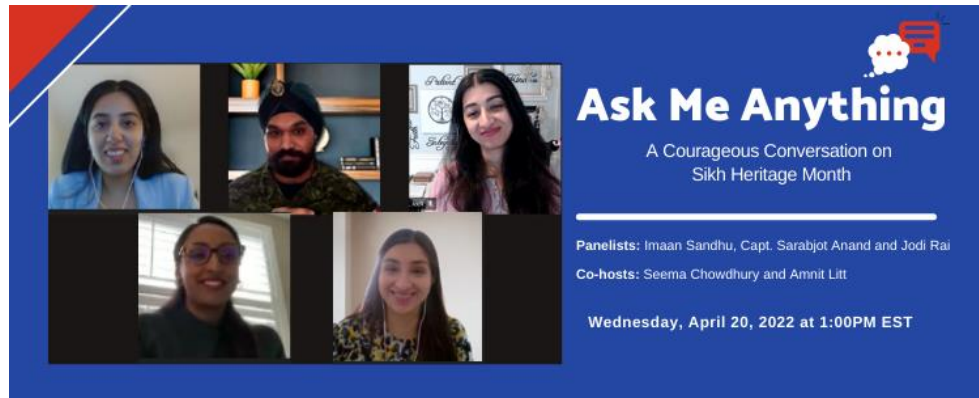
The conversation was co-moderated by Amnit Litt, Policy Analyst, Tax Policy Branch, Department of Finance Canada and Seema Chowdhury, Civilian Advisor, Anti-Racism Secretariat, National Defence.

The conversation covered many different topics. Along with discussing their individual experiences, the panelists spoke about some specifics of the Sikh religion. Within our everyday routines we all have the opportunity to practice allyship and advocate for equality in every space. It is not up to our Sikh colleagues to initiate this change rather it is up to everyone to push for equality. Conversations like this one help us all to reflect on issues of discrimination and why we need to work hard to ensure our workplace environments and practices are save for everyone.

Thank you to all of our speakers for sharing your sincere thoughts, feelings, and ideas with us, and for ultimately helping public servants keep an active-mindset when it comes to building our Sikh co-workers up and elevating their voices. Thank you also to all who

attended the event or watched the recording online. Together, we're creating space for these important conversations and being a part of the change in the Public Service.

For those who didn't get a chance to tune in live, we invite you to watch the [event recording](#) and to share this event with members of your family, friends, and community.



DFO-CCG events: Diversity and Inclusion and Ask Me Anything series

Have ideas for upcoming AMAs, want to share more of yourself with our organization, or share general feedback? Contact the [Internal Communications, Event Management and Publications Team](#)! We are committed to learning more and doing better and hope you join us on this challenge.

To get involved with the Ask Me Anything Community and access documentation from past events, join us on our new [Ask Me Anything site on GC Wiki collab](#). Together, we're creating a safe space for these important conversations within the Government of Canada.