Mentor Biographies

Employment Opportunity for Students with Disabilities

2023-2024

## Table of Contents

[AMANDA SHAW (SHE/HER) 4](#_Toc137208073)

[ANUJAN KUMARANATHAN (HE/HIM) 5](#_Toc137208074)

[BETTINA KRAUS (SHE/HER) 6](#_Toc137208075)

[BOMA JUMBO (SHE/HER) 7](#_Toc137208076)

[CATHERINE [CATH] DUCHASTEL DE MONTROUGE (SHE/THEY) 8](#_Toc137208077)

[CHRISTIANE BRITO UHEREK (SHE/HER) 9](#_Toc137208078)

[DANIEL PATTERSON (HE/HIM) 10](#_Toc137208079)

[DARRIN ANTLER (HE/HIM) 11](#_Toc137208080)

[DAVID ALLISON (HE/HIM) 12](#_Toc137208081)

[ERICA MORISSETTE (SHE/HER- NON-BINARY) 13](#_Toc137208082)

[MULUMBA FALLON (SHE/HER) 14](#_Toc137208083)

[GABRIEL DUGUAY (HE/HIM) 15](#_Toc137208084)

[JALANA MORTON (SHE/HER) 16](#_Toc137208085)

[JEFFREY STARK (HE/HIM) 17](#_Toc137208086)

[JESSICA SERVICE (SHE/HER) 18](#_Toc137208087)

[KAREN KENNIPHAAS (SHE/HER) 19](#_Toc137208088)

[KATHLEEN REYNOLDS (SHE/HER) 20](#_Toc137208089)

[KENNETH AQUIN-ABBOUD (HE/HIM) 21](#_Toc137208090)

[KYLE ARSENAULT (HE/HIM) 22](#_Toc137208091)

[LAURA SMALLWOOD (SHE/HER) 23](#_Toc137208092)

[LAUREN SAPIC (SHE/HER) 24](#_Toc137208093)

[LEE GRENON (HE/HIM) 25](#_Toc137208094)

[LOTHLORIEN FARLEY (SHE/HER) 26](#_Toc137208095)

[MARTIN ANDERSON (HE/HIM) 27](#_Toc137208096)

[MARYAM SHAHEEN (SHE/HER) 28](#_Toc137208097)

[MARYROSE RODGER (SHE/HER) 29](#_Toc137208098)

[MEGAN LE STUM (THEY/THEM) 30](#_Toc137208099)

[MEIKA NOONAN(SHE/HER) 31](#_Toc137208100)

[MERCEDES MUELLER (SHE/HER) 32](#_Toc137208101)

[MEREDITH RICHMOND (SHE/HER) 33](#_Toc137208102)

[MICHAEL MOHAMMED 34](#_Toc137208103)

[MICHAEL SIDAROSE (HE, HIM, THEY) 35](#_Toc137208104)

[MICHELLE ADDESA (SHE/HER) 36](#_Toc137208105)

[MYRIAM LAMONTAGNE (SHE/HER) 37](#_Toc137208106)

[MYRIAM REEVES (SHE/HER) 38](#_Toc137208107)

[NAN ZHANG (HE, HIM) 39](#_Toc137208108)

[NANCY OLDFORD (SHE/HER) 40](#_Toc137208109)

[NOOR SIDDIQI (SHE/HER) 41](#_Toc137208110)

[NUBA ILHAN 42](#_Toc137208111)

[MEGAN OTU (SHE/THEY) 43](#_Toc137208112)

[PAMELA LAHEY 44](#_Toc137208113)

[SAHOTA PRAVDEEP (SHE/HER) 45](#_Toc137208114)

[RACHEL BOUTIN (SHE/HER) 46](#_Toc137208115)

[ROCK BISSON PICARD 47](#_Toc137208116)

[SARAH CHAYTOR (SHE/HER) 48](#_Toc137208117)

[STACY MUISE (SHE/HER) 49](#_Toc137208118)

[STEFAN SIMARD (HE/HIM) 50](#_Toc137208119)

[TESS MACMILLAN (SHE/HER) 51](#_Toc137208120)

[TOM WESTLAKE (HE/HIM) 52](#_Toc137208121)

[TRISTAN READMAN (HE/HIM) 53](#_Toc137208122)

[VINCENT TAILLEFER 54](#_Toc137208123)

[WILLIAM (JOEL) SERSON (HE/HIM) 55](#_Toc137208124)

[ZOË CREGO (SHE/HER) 56](#_Toc137208125)

# AMANDA SHAW (SHE/HER)

## Current Position and Department

Client Services Manager, Human Resources Branch

Department of Justice

## Location of Work

Toronto

## Language of Communication

English

## Areas of Expertise

* The staffing and recruitment processes, how to apply and prepare for government jobs
* Working on a national team
* Organization/Time management

## Availability to Mentor

Every two weeks

## Contact Details

[amanda.shaw@justice.gc.ca](mailto:amanda.shaw@justice.gc.ca)

416-648-4784

# ANUJAN KUMARANATHAN (HE/HIM)



## Current Position and Department

GST/HST Litigation Officer, Appeals

Appeals Branch

## Location of Work

Toronto

## Language of Communication

English

## Areas of Expertise

* Career development or Career Advancement
* Development of Leadership/Soft Skills/Interpersonal Skills
* Advice related to post-secondary.
* Advocacy and self-advocacy on topics related to accessibility in the workplace.
* Navigation of workplace accommodation and equipment required to perform job tasks.

## Availability to Mentor

Once a week

## Contact Details

[Anujan.Kumaranathan@cra-arc.gc.ca](mailto:Anujan.Kumaranathan@cra-arc.gc.ca)

905-706-8722

# BETTINA KRAUS (SHE/HER)



## Current Position and Department

Executive Assistant**,** Personnel Psychology Centre

Public Service Commission

## Location of Work

Ottawa

## Language of Communication

English and French

## Areas of Expertise

* Orientation for new employees in the Federal Government
* Employee health & wellness as well as disability & inclusion
* Soft skills: empathetic, active listening, supportive, encouraging, emotional intelligence, work-life balance (social services background)
* Navigating challenges faced with an invisible disability

## Availability to Mentor

Weekly basis

## Contact Details

[Bettina.Kraus@cfp-psc.gc.ca](mailto:Bettina.Kraus@cfp-psc.gc.ca)

# BOMA JUMBO (SHE/HER)

## Current Position and Department

Litigation Officer, Appeals Programs Operations Directorate

Appeals Branch

**Location of Work**

Ottawa

**Language of Communication**

English

## Areas of Expertise

* Soft skills such as socializing with others at work, emotional intelligence, and building boldness in work relationships.
* Organizational and communication skills such as having tough conversations, setting boundaries, workflow planning, and data gathering and/or data analysis.

## Availability to Mentor

Bi-weekly or monthly basis

## Contact Details

[boma.jumbo@cra-arc.gc.ca](mailto:boma.jumbo@cra-arc.gc.ca)

613-619-1683

# CATHERINE [CATH] DUCHASTEL DE MONTROUGE (SHE/THEY)



## Current Position and Department

HR Advisor in the Programs and planning team

Public Services and Procurement Canada in the Ontario region

**Location of Work**

Toronto

## Language(s) of Communication

French and English

## Areas of Expertise

* Navigating how to negotiate informal accommodations with your supervisors/managers and finding information on how to request accommodations.
* The *Accessible Canada Act* and how furthers accessibility within the Public Service
* Getting organized to keep on top of work expectations.

## Availability to Mentor

Once a month for a session of an hour, schedule permitting.

## Contact Details

[catherine.duchasteldemontrouge@tpsgc-pwgsc.gc.ca](mailto:catherine.duchasteldemontrouge@tpsgc-pwgsc.gc.ca)

(Prefers written communication or video call)

# CHRISTIANE BRITO UHEREK (SHE/HER)



## Current Position and Department

Biologist, Species at Risk Program, Aquatic Ecosystems, Ontario and Prairie Region

Fisheries and Oceans Canada

**Location of Work**

Edmonton

## Language(s) of Communication

English, Portuguese, and Spanish

## Areas of Expertise

* Working as a New Government Employee
* Networking and Career Path and Development
* Applying to Committees and Working Groups
* Requesting Accommodation
* Working with Visible and Invisible Disabilities

## Availability to Mentor

Once a month

## Contact Details

[Christiane.BritoUherek@dfo-mpo.gc.ca](mailto:Christiane.BritoUherek@dfo-mpo.gc.ca)

306-515-1476

# DANIEL PATTERSON (HE/HIM)

## Current Position and Department

Project Officer, Branch Operational Support Services

Health Canada

**Location of Work**

Ottawa, Dartmouth (NS)

## Language(s) of Communication

English

## Areas of Expertise

* Accessibility, navigating work with your disability.
* Feeling included (or excluded) on the job.
* Networking – how to network, tips, and coming up with approaches together

## Availability to Mentor

Once a week

## Contact Details

[daniel.patterson@hc-sc.gc.ca](mailto:daniel.patterson@hc-sc.gc.ca)

# DARRIN ANTLER (HE/HIM)



## Current Position and Department

Policy Officer, Federal Workers’ Compensation Service

Labour Program – ESDC

**Location of Work**

National Capital Region

## Language(s) of Communication

English

## Areas of Expertise

* Labour relations, including accommodations, management and colleague relationships, diversity equity and inclusion
* Time and stress management
* Writing and presenting for success

## Availability to Mentor

Once a week

## Contact Details

[darrin.antler@labour-travail.gc.ca](mailto:darrin.antler@labour-travail.gc.ca)

(819) 654-6515

# DAVID ALLISON (HE/HIM)



## Current Position and Department

Director, Professional Practices, Internal Audit Directorate

Fisheries and Oceans Canada

**Location of Work**

Ottawa

## Language(s) of Communication

English and French

## Areas of Expertise

* Applying the experiences, lessons and challenges from having a disability to your work
* Innovative and critical thinking
* Accessing the resources, supports and accommodations available

## Availability to Mentor

Every two weeks

## Contact Details

[David.Allison@dfo-mpo.gc.ca](mailto:David.Allison@dfo-mpo.gc.ca)

613-297-9070

# ERICA MORISSETTE (SHE/HER- NON-BINARY)



**Current Position and Department**

Information Management Compliance Officer

Department of National Defence

**Location of Work**

National Capital Region

**Language(s) of Communication**

English

**Areas of Expertise**

* Growing your leadership skills
* Navigating work as a neurodivergent person
* Juggling work-life balance

**Availability to Mentor**

Once a month, able to meet more frequently as needed.

**Contact Details**

[erica.morissette@cse-cst.gc.ca](mailto:erica.morissette@cse-cst.gc.ca)

# MULUMBA FALLON (SHE/HER)



**Current Position and Department**

Senior Program Advisor, EI Business Optimization and Strategic Services (EIBOSS)

Service Canada

**Location of Work**

Gatineau

**Language(s) of Communication**

English and French

**Areas of Expertise**

* Work planning and organization
* Staffing process, how to apply for a government job and how to write a resume.
* How to excel in administrative support exams and interviews and showcase your talents.
* How to be an excellent executive assistant
* How to develop good and healthy relationships with colleagues and superiors and be a good team player
* Networking and social skills and how to get out of your comfort zone

**Availability to Mentor**

Once every two weeks

**Contact Details**

[fallon.mulumba@servicecanada.gc.ca](mailto:fallon.mulumba@servicecanada.gc.ca)

819-962-3683

# GABRIEL DUGUAY (HE/HIM)



## Current Position and Department

Policy Analyst, Nòkwewashk

Natural Resources Canada

**Location of Work**

Halifax, NS

## Language(s) of Communication

English and French

## Areas of Expertise

* Planning a career in the public service
* Public Speaking
* Inclusion, Diversity, Equity and Accessibility

## Availability to Mentor

Every two weeks

## Contact Details

[Gabriel.duguay@nrcan-rncan.gc.ca](mailto:Gabriel.duguay@nrcan-rncan.gc.ca)

609-874-4999

# JALANA MORTON (SHE/HER)



## Current Position and Department

Administrative Officer, Quality and Strategic Management Office

Procurement Canada

**Location of Work**

Halifax

## Language(s) of Communication

English

## Areas of Expertise

* Onboarding and resources
* Working as a new employee in the Government
* Honesty, support, and dedication to the mentee for a rewarding career

## Availability to Mentor

Bi-weekly or monthly basis

## Contact Details

[jalana.morton@pwgsc-tpsgc.gc.ca](mailto:jalana.morton@pwgsc-tpsgc.gc.ca)

343-596-6303

# JEFFREY STARK (HE/HIM)



## Current Position and Department

Manager, Accessibility, Accommodation and Adaptive Computer Technology Program

Shared Services Canada

**Location of Work**

National Capital Region

## Language(s) of Communication

French and English

## Areas of Expertise

* Advocacy, self-advocacy, and public speaking on topics in the disability space
* Inclusive, accessible information and communications technology
* Accessibility standards, guidelines, and best practices to ensure the elimination of systemic barriers.
* Navigating challenges faced by persons with disabilities in the Government of Canada and beyond, including job accommodation and best practices across the Government of Canada and abroad.

## Availability to Mentor

Weekly or monthly basis

## Contact Details

[jeffrey.stark@ssc-spc.gc.ca](mailto:jeffrey.stark@ssc-spc.gc.ca)

# JESSICA SERVICE (SHE/HER)



**Current Position and Department**

Manager of Performance Management, OCIO – Chief Data Office

Treasury Board of Canada (TBS)

**Location of Work**

Ottawa

**Language(s) of Communication**

English

**Areas of Expertise**

* Dyslexia and navigating and preparing for hiring and selection processes including understanding the accommodation process.
* Working in the data and performance domain (policy research, data framework development, regulatory policy, program policy) as well as planning, reporting and evaluation
* Connection and networking with relevant experts to help you gain a more thorough understanding of the topic of data and performance in the public sector.

**Availability to Mentor**

Once a month

**Contact Details**

[Jessica.service@tbs-sct.gc.ca](mailto:Jessica.service@tbs-sct.gc.ca)

# KAREN KENNIPHAAS (SHE/HER)

**Current Position and Department**

Chair, Persons with Disability Advisory Committee (PDAC), Equity, Diversity & Inclusion / Workforce Planning, Policies and Programs

Canada Border Services Agency (CBSA)

**Location of Work**

Ottawa

**Language(s) of Communication**

English and French

**Areas of Expertise**

* 26 years experience in the public service in corporate and operations, with an intersectional lens
* Specialty in accessibility, accommodations and inclusivity
* Persons with Disabilities Advisory Committee (PDAC) Chair & Accessibility Ambassador, Accessibility Office

**Availability to Mentor**

Once a month or bi-monthly for 1 hour each, max

**Contact Details**

[Karen.Kenniphaas@cbsa-asfc.gc.ca](mailto:Karen.Kenniphaas@cbsa-asfc.gc.ca)

613-415-9721

# KATHLEEN REYNOLDS (SHE/HER)



**Current Position and Department**

Program Officer, CIO Directorate, Enterprise IT Procurement and Corporate Services Branch

Shared Services Canada

**Location of Work**

Ottawa

**Language(s) of Communication**

English

**Areas of Expertise**

* Organizing & procuring accommodation for employees with disabilities
* University-work transitions; working in the GC as a new employee.
* Information analysis & professional writing (reports, briefing notes, proposals, presentations)

**Availability to Mentor**

Every two weeks

**Contact Details**

[Kathleen.reynolds@ssc-spc.gc.ca](mailto:Kathleen.reynolds@ssc-spc.gc.ca)

873-455-4252

# KENNETH AQUIN-ABBOUD (HE/HIM)



## Current Position and Department

Senior Advisor, Substance Use and Addictions Program

Health Canada

**Location of Work**

Ottawa and Montreal

**Language(s) of Communication**

French and English

## Areas of Expertise

* The Grants and Contributions process and the delivery of programs, particularly related to drug policy
* In policy development and stakeholder relations
* Employee network activities and the importance of employee networks in helping to build necessary competencies to reach career objectives

## Availability to Mentor

Bi-weekly basis

## Contact Details

[kenneth.aquin-abboud@hc-sc.gc.ca](mailto:kenneth.aquin-abboud@hc-sc.gc.ca)

343-549-6037

# KYLE ARSENAULT (HE/HIM)



## Current Position and Department

Income Tax Auditor, Audit Division

Canada Revenue Agency

**Location of Work**

Halifax

## Language(s) of Communication

English

## Areas of Expertise

* Knowledgeable in the accommodation process within the Federal Government
* Identifying strengths and areas of improvement
* Motivation, self-confidence, and building a positive mindset.
* Navigating career paths that are aligned with your passions and limitations.
* Assist in developing a plan to overcome obstacles and reach your career goals.

## Availability to Mentor

One hour biweekly

## Contact Details

[Kyle.Arsenault@cra-arc.gc.ca](mailto:Kyle.Arsenault@cra-arc.gc.ca)

902-266-8653

# LAURA SMALLWOOD (SHE/HER)



## Current Position and Department

Director General, Corporate Planning, Performance and Risk

Global Affairs Canada

**Location of Work**

Gatineau

## Language(s) of Communication

English

## Areas of Expertise

* Working on international issues and employee management
* Accessing accommodations
* Growing your career and leadership

## Availability to Mentor

Monthly Basis

## Contact Details

[laura.smallwood@international.gc.ca](mailto:laura.smallwood@international.gc.ca)

# LAUREN SAPIC (SHE/HER)



## Current Position and Department

Articling Student, Department of Justice, Prairies

Department of Justice

**Location of Work**

Edmonton

## Language(s) of Communication

English

## Areas of Expertise

* Law
* Negotiating your disability at work.
* Being your own best advocate

## Availability to Mentor

Once a month

## Contact Details

lauren.sapic@ppsc-sppc.gc.ca / [lauren.sapic@justice.gc.ca](mailto:lauren.sapic@justice.gc.ca)

# LEE GRENON (HE/HIM)



**Current Position and Department**

Regional Manager, Data Access Division

Statistics Canada

**Location of Work**

Vancouver

**Language(s) of Communication**

English

**Areas of Expertise**

* Career development and working in a region outside the NCR
* Managing projects, and effectively working with people
* Data development and analysis

**Availability to Mentor**

Up to a couple times each month

**Contact Details**

[lee.grenon@statcan.gc.ca](mailto:lee.grenon@statcan.gc.ca)

(778) 984-0360

# LOTHLORIEN FARLEY (SHE/HER)

**Current Position and Department**

Maritime Security Officer, Marine Security Operations Centre – East, Maritime Security

Canadian Coast Guard

**Location of Work**

Halifax, NS

**Language(s) of Communication**

English and French (oral only)

**Areas of Expertise**

* Maritime program management and maritime domain awareness
* Accessibility adaptation in operational environments
* Former FSWEP participant

**Availability to Mentor**

Shift worker, so hours during workdays vary week to week: 2 meetings a month.

Email responses will also be delayed as the schedule includes days off of 4 days or more.

**Contact Details**

[Lothlorien.farley@dfo-mpo.gc.ca](mailto:Lothlorien.farley@dfo-mpo.gc.ca)

# MARTIN ANDERSON (HE/HIM)

**Current Position and Department**

General Counsel, Ontario Region

Department of Justice Canada

**Location of Work**

Toronto

**Language(s) of Communication**

English and Spanish

**Areas of Expertise**

* Constitutional law
* Immigration law
* Administrative law
* Litigation

**Availability to Mentor**

Once per week

**Contact Details**

[Martin.Anderson@justice.gc.ca](mailto:Martin.Anderson@justice.gc.ca)

641-256-0879

# MARYAM SHAHEEN (SHE/HER)



**Current Position and Department**

Taxpayer Relief Officer, Taxpayer Relief Division, Atlantic Region

Canada Revenue Agency

**Location of Work**

St. John’s

**Language(s) of Communication**

English and Urdu

**Areas of Expertise**

* Leadership/soft skills
* Building meaningful work connections
* Informal accommodations; Communicating them to the supervisors/managers

**Availability to Mentor**

Bi-weekly

**Contact Details**

[Maryam.Shaheen@cra-arc.gc.ca](mailto:Maryam.Shaheen@cra-arc.gc.ca)

782-641-4865

# MARYROSE RODGER (SHE/HER)



**Current Position and Department**

Director, Indigenous Services Division

Canada Revenue Agency

**Location of Work**

Ottawa

**Language(s) of Communication**

English and French

**Areas of Expertise**

* Digital transformation / change management / project management
* Preparing for selection processes / developing your brand / emotional Intelligence
* Program development, policy research and development, planning, reporting and evaluation

**Availability to Mentor**

Once a month-the possibility of more frequent meetings, schedule permitting.

**Contact Details**

[Maryrose.Rodger@cra-arc.gc.ca](mailto:Maryrose.Rodger@cra-arc.gc.ca)

613-625-5633

# MEGAN LE STUM (THEY/THEM)



**Current Position and Department**

Junior Human Resources Advisor for the Accessibility Secretariat

Statistics Canada

**Location of Work**

Montreal

**Language(s) of Communication**

French and English

**Areas of Expertise**

* How to find the right accommodations and how to ask for accommodations.
* How to equip yourself for work as a neurodivergent person
* How to network in government as a neurodivergent person
* How to navigate the public service as a disabled and trans employee
* Autism and public service work
* ADHD and public service work

**Availability to Mentor**

1 or 2 times a month for a 30-60-minute session, schedule permitting.

**Contact Details**

[Megan.lestum@statcan.gc.ca](mailto:Megan.lestum@statcan.gc.ca)

# MEIKA NOONAN(SHE/HER)

I am an active ally, who wanted to become a mentor to share my passion for the public service. There is so much to learn when starting a career, I would love to help future employees navigate the through working in the public service.

**Current Position and Department**

Objections Officer, Appeals, Taxpayer Relief

Canada Revenue Agency

**Location of Work**

Summerside

**Language(s) of Communication**

English

**Areas of Expertise**

* Navigating the Government of Canada as a new employee/ networking
* Phone and customer service skills
* Supporting mentee for a rewarding career

**Availability to Mentor**

Once a week

**Contact Details**

[Meika.noonan@cra-arc.gc.ca](mailto:Meika.noonan@cra-arc.gc.ca)

782-324-2429

# MERCEDES MUELLER (SHE/HER)



**Current Position and Department**

Special Advisor, Human Resources Branch

Innovation, Science and Economic Development Canada

**Location of Work**

Ottawa

**Language(s) of Communication**

English

**Areas of Expertise**

* Navigating the workplace as an employee with disabilities and troubleshooting common challenges
* Working in the policy domain (e.g., strategic policy, program policy, policy development), in equity, diversity, and inclusion, and accessibility, and in stakeholder engagement and consultation
* Interpersonal relationships (e.g., navigating difficult conversations, building networks, emotional intelligence) and organizational skills (e.g., time management, work planning, etc.)

**Availability to Mentor**

Every two weeks

**Contact Details**

[mercedes.mueller@ised-isde.gc.ca](mailto:mercedes.mueller@ised-isde.gc.ca)

613-410-7035

# MEREDITH RICHMOND (SHE/HER)



**Current Position and Department**

Ontario Regional Lead – National Managers’ Community

Canada School of Public Service

**Location of Work**

Remote – Kingston. Office – NCR

**Language(s) of Communication**

English

**Areas of Expertise**

* Career development
* Leadership development
* Mental health and wellness

**Availability to Mentor**

Once a month but able to answer email and messages always

**Contact Details**

[Meredith.richmond@csps-efpc.gc.ca](mailto:Meredith.richmond@csps-efpc.gc.ca)

705-977-4142

# MICHAEL MOHAMMED



**Current Position and Department**

Manager, Policy and Legislation, Information and Data Governance

Treasury Board of Canada Secretariat

**Location of Work**

Ottawa

**Language(s) of Communication**

English

**Areas of Expertise**

* Building a career (with a disability) in science and technology
* Navigating the public service
* Advancing interests versus rights
* Working with a disability in an “Isolated Post” or field office environment
* Thinking and communicating strategically

**Availability to Mentor**

Bi-weekly

**Contact Details**

[Michael.mohammed@tbs-sct.gc.ca](mailto:Michael.mohammed@tbs-sct.gc.ca)

# MICHAEL SIDAROSE (HE, HIM, THEY)



**Current Position and Department**

Junior Project Officer, Pension Centre

Public Services and Procurement Canada | Government of Canada

**Location of Work**

Ottawa

**Language(s) of Communication**

English

**Areas of Expertise**

* Remote working
* Accessible Testing
* Creating summary reports

**Availability to Mentor**

Bi-weekly

**Contact Details**

[Michael.Sidarose@tpsgc-pwgsc.gc.ca](mailto:Michael.Sidarose@tpsgc-pwgsc.gc.ca)

416-433-4380

# MICHELLE ADDESA (SHE/HER)



**Current Position and Department**

Equity, Diversity, and Inclusion Advisor, Workforce Equity and Inclusion Programs

Canada Border Services Agency

**Location of Work**

Toronto

**Language(s) of Communication**

English and French

**Areas of Expertise**

* Soft skills including leadership, people management, emotional intelligence, and working with others (including through a EDI lens)
* Time management skills including work planning, task delegation/prioritization.
* Job-related skills including communication, project management, and organization.

**Availability to Mentor**

Once a week/every two weeks

**Contact Details**

[michelle.addesa@cbsa-asfc.gc.ca](mailto:michelle.addesa@cbsa-asfc.gc.ca)

365-275-3166

# MYRIAM LAMONTAGNE (SHE/HER)



**Current Position and Department**

Accessibility Expert

Immigration, Refugees and Citizenship Canada

**Location of Work**

Gatineau

**Language(s) of Communication**

French and English

**Areas of Expertise**

* How to use or develop your leadership as young public servant, Effective Networking & Career planning
* Knowing and understanding my rights and resources as a person with a disability in the federal government
* Areas of expertise: Digital Accessibility, Learning, Stakeholder Engagement, Communications, Diversity and Inclusion, Team Management, Accommodation, Briefing high executives (DM& President level), Public Speaking and Teaching

**Availability to Mentor**

Bi-weekly

**Contact Details**

[Myriam.lamontagne@cic.gc.ca](mailto:Myriam.lamontagne@cic.gc.ca)

# MYRIAM REEVES (SHE/HER)



**Current Position and Department**

Human Resources Advisor/ Learning Advisor, Enterprise Change and Learning Academy (ECLA)

Immigration, Refugees and Citizenship Canada

**Location of Work**

Sydney, Nova Scotia

**Language(s) of Communication**

French and English

**Areas of Expertise**

* Navigating and preparing for hiring and selection processes including the accommodation process
* Help people to identify their skills and their career goals
* Helping to identify available training and development opportunities

**Availability to Mentor**

Bi-weekly

**Contact Details**

[myriam.reeves@cic.gc.ca](mailto:myriam.reeves@cic.gc.ca)

902-565-9790

# NAN ZHANG (HE, HIM)



**Current Position and Department**

Senior Project Officer, Health Canada, Corporate Services Branch (CSB)

Health Canada

**Location of Work**

Ottawa

**Language(s) of Communication**

English, French (written only) and Mandarin Chinese (Oral only)

**Areas of Expertise**

* Being a jack of all trades
* Compensation
* SAP

**Availability to Mentor**

Bi-weekly

**Contact Details**

[nan.zhang@hc-sc.gc.ca](mailto:nan.zhang@hc-sc.gc.ca)

613-402-1937

# NANCY OLDFORD (SHE/HER)



## Current Position and Department

HR Director

Public Service and Procurement Canada

**Location of Work**

Halifax, Nova Scotia

**Language(s) of Communication**

French and English

## Areas of Expertise

* How to apply to government jobs
* Excelling in job interviews
* Managing your career

## Availability to Mentor

Monthly basis

## Contact Details

[nancy.oldford@pwgsc-tpsgc.gc.ca](mailto:nancy.oldford@pwgsc-tpsgc.gc.ca)

902-478-8509

# NOOR SIDDIQI (SHE/HER)

Please note, Noor does not have a lived experience with a disability. She is an active ally. She has in the past worked with organizations that serve persons with print disabilities and continues to volunteer with other organizations.



## Current Position and Department

Application Development Analyst Programmer

Justice Canada

**Location of Work**

Ottawa, NCR

**Language(s) of Communication**

English

## Areas of Expertise

* Technologies
* Post-secondary advice
* Working in the public service and the applying for government jobs

## Availability to Mentor

Montly basis

## Contact Details

[noor.siddiqi@justice.gc.ca](mailto:noor.siddiqi@justice.gc.ca)

613-410-2504

# NUBA ILHAN



## Current Position and Department

Spectrum Management Officer

Innovation, Science and Economic Development Canada

**Location of Work**

Oshawa, Ontario

## Language(s) of Communication

English and Hindi, Urdu

## Areas of Expertise

* Radio Licensing (Authorization and Compliance)
* Resume optimization for federal government positions
* Networking skills, social/life skills, work-life balance, accessibility in the workplace (guidance only), empathy and respect in the workplace, collaboration in the workplace

## Availability to Mentor

Monthly basis

## Contact Details

[nuba.ilhan@ised-isde.gc.ca](mailto:nuba.ilhan@ised-isde.gc.ca)

250-301-3795

# MEGAN OTU (SHE/THEY)



**Current Position and Department**

Senior Advisor of Employment Equity, Diversity and Inclusion, Employment Equity, Diversity and Inclusion

Fisheries and Oceans Canada

**Location of Work**

Ottawa

**Language(s) of Communication**

English

**Areas of Expertise**

* Experience networking and building support systems.
* Building creativity into your work objectives
* Bringing your whole self to work and 2SLGBTQIA+ inclusion.

**Availability to Mentor**

Every two weeks for one hour

**Contact Details**

[megan.otu@dfo-mpo.gc.ca](mailto:megan.otu@dfo-mpo.gc.ca)

# PAMELA LAHEY

**Current Position and Department**

Senior Policy Analyst, Accessible Canada Directorate (ACD)

Employment and Social Development Canada

**Location of Work**

Gatineau

**Language(s) of Communication**

English

**Areas of Expertise**

* Mental health
* Work-related skills: data skills, writing, contracting, presentations
* Networking
* Time management and work-life balance
* Navigating government processes as a new employee or as a PWD

**Availability to Mentor**

Once a week; either Mondays or Fridays

**Contact Details**

[pamela.lahey@hrsdc-rhdcc.gc.ca](mailto:pamela.lahey@hrsdc-rhdcc.gc.ca)

819 968-7747

# SAHOTA PRAVDEEP (SHE/HER)



**Current Position and Department**

Diversity and Inclusion Team Lead, Integrated Business Management Services

Canadian Coast Guard – Arctic Region

**Location of Work**

Burlington, Ontario

**Language(s) of Communication**

English

**Areas of Expertise**

* Growing your career and working towards a fulfilling and successful career as a public servant
* Advocating for yourself in the process of requesting accommodations in the workplace and during staffing competitions
* Working in areas such as mental health and wellness; accessibility; diversity, equity, and inclusion in federal government agencies and departments

**Availability to Mentor**

Once a month with the possibility of more frequent meetings depending on work schedule

**Contact Details**

[pravdeep.sahota@dfo-mpo.gc.ca](mailto:pravdeep.sahota@dfo-mpo.gc.ca)

365-341-0534

# RACHEL BOUTIN (SHE/HER)

## Current Position and Department

Manager, Accessibility

Statistics Canada

**Location of Work**

Remote location, close to Montreal

## Language(s) of Communication

French and English

## Areas of Expertise

* Employment of People with Disabilities
* Accessibility
* Career

## Availability to Mentor

Bi-weekly basis

## Contact Details

[rachel.boutin@statcan.gc.ca](mailto:rachel.boutin@statcan.gc.ca)

514-234-9879

# ROCK BISSON PICARD



## Current Position and Department

Information Management Business Analyst

Justice Canada

**Location of Work**

Gatineau (remote meetings only)

## Language(s) of Communication

French and English

## Areas of Expertise

* Time management
* Planning
* Note-taking

## Availability to Mentor

Weekly basis

## Contact Details

[rock.bisson-picard@justice.gc.ca](mailto:rock.bisson-picard@justice.gc.ca)

343-551-3678

# SARAH CHAYTOR (SHE/HER)



**Current Position and Department**

Analyst, Scientific equipment team, Science Delivery

Public Services and Procurement Canada

**Location of Work**

Guelph (Remote), office in Ottawa

**Language(s) of Communication**

English

**Areas of Expertise**

* Public speaking confidence! How to more confidently present, engage and answer questions for both large and small audiences.
* How to be an effective problem solver.
* Dexterity impairments and working online – what accommodations are available, how to ask for them, and how to advocate for the tools you need.
* Advocating for invisible disabilities.
* Job applications, student bridging process, and how to highlight unique backgrounds to hiring managers.

**Availability to Mentor**

Bi-weekly

**Contact Details**

[sarah.chaytor@tpsgc-pwgsc.gc.ca](mailto:sarah.chaytor@tpsgc-pwgsc.gc.ca)

519-400-5046

# STACY MUISE (SHE/HER)

Headshot of Stacy Muise: A white woman with long dark blonde hair wearing glasses and a purple sweater, smiling at the camera with arms crossed.



## Current Position and Department

Policy Analyst, External Relations and Engagement Division

Impact Assessment Agency of Canada

**Location of Work**

Ottawa

## Language(s) of Communication

English and French

## Areas of Expertise

* Accessibility and accommodations in the public service
* Public participation and Indigenous consultation
* Non-directive coaching

## Availability to Mentor

Every three weeks or once a month

## Contact Details

[stacy.muise@iaac-aeic.gc.ca](mailto:stacy.muise@iaac-aeic.gc.ca)

343-553-8751

# STEFAN SIMARD (HE/HIM)



## Current Position and Department

Senior Taxpayer Relief Officer, Western - Appeals and Service Feedback Operations Division, Appeals Programs Operations Directorate Appeals Branch

Canada Revenue Agency

**Location of Work**

Winnipeg

## Language(s) of Communication

English

## Areas of Expertise

* Professional life and neurodivergence
* Self-acceptance and building confidence
* Self-care and work-life balance strategies

## Availability to Mentor

Once per week

## Contact Details

[Stefan.Simard@cra-arc.gc.ca](mailto:Stefan.Simard@cra-arc.gc.ca)

204-430-2286

# TESS MACMILLAN (SHE/HER)

## Current Position and Department

Analyst, Conservation & Protection

Fisheries and Oceans Canada

**Location of Work**

Capital National Region

## Language(s) of Communication

English

## Areas of Expertise

* Time Management Skills
* Work-Life Balance
* Navigating the Government of Canada as a new employee.
* Accessing Accommodations

## Availability to Mentor

1 or 2 times a month.

## Contact Details

[Tess.Macmillan@dfo-mpo.gc.ca](mailto:Tess.Macmillan@dfo-mpo.gc.ca)

# TOM WESTLAKE (HE/HIM)

## Current Position and Department

Team Leader, Integrity Services Branch

Service Canada

**Location of Work**

London Ontario

## Language(s) of Communication

English

## Areas of Expertise

* ADHD
* Strategic & Analytical Thinking
* Process development

## Availability to Mentor

Bi-weekly or monthly basis for up to 1 hour per individual

## Contact Details

[tom.westlake@servicecanada.gc.ca](mailto:tom.westlake@servicecanada.gc.ca)

519-317-5785

# TRISTAN READMAN (HE/HIM)



## Current Position and Department

Regional Director, Integrated Technical Services

Canadian Coast Guard

**Location of Work**

Victoria

## Language(s) of Communication

English

## Areas of Expertise

* Helping people showcase their abilities and career goals.
* Hiring process and how to navigate through them.
* Technologies (use, tips and tricks)

## Availability to Mentor

1-2 times a month for a session of 30 minutes to an hour, schedule permitting.

## Contact Details

[Tristan.Readman@dfo-mpo.gc.ca](mailto:Tristan.Readman@dfo-mpo.gc.ca)

250-418-1412

# VINCENT TAILLEFER



**Current Position and Department**

Business Improvement Officer, Human Resources

Infrastructure Canada

**Location of Work**

Ottawa

**Language(s) of Communication**

English and French

**Areas of Expertise**

* Leadership
* Self-Improvement & Character development
* Business

**Availability to Mentor**

Once per week, 1-2 students

**Contact Details**

[vincent.taillefer@infc.gc.ca](mailto:vincent.taillefer@infc.gc.ca)

343-552-4499

# WILLIAM (JOEL) SERSON (HE/HIM)



**Current Position and Department**

Change Management Officer, Office of Public Service Accessibility

Treasury Board Secretariat

**Location of Work**

Ottawa

**Language(s) of Communication**

English and French

**Areas of Expertise**

* The accessibility landscape of the public service
* Advancing disability and inclusion
* Network Persons with Disabilities

**Availability to Mentor**

Bi-weekly

**Contact Details**

[William.serson@tbs-sct.gc.ca](mailto:William.serson@tbs-sct.gc.ca)

# ZOË CREGO (SHE/HER)



## Current Position and Department

Communications Advisor, Strategy and Engagement Branch

Shared Services Canada

**Location of Work**

Ottawa

## Language(s) of Communication

English

## Areas of Expertise

* Building and maintaining a network
* Self-advocacy in the workplace including requesting formal/informal accommodations.
* Transitioning from a student to an indeterminate employee, including applying for government job processes

## Availability to Mentor

Every two weeks

## Contact Details

[zoe.crego@ssc-spc.gc.ca](mailto:zoe.crego@ssc-spc.gc.ca)

613-295-4484