



Ask Me Anything: Honouring Veterans Event Recap

By: Shelby Racine, Events Management Officer

Panelists



Tammy
Tremblay



Maurice
AuCoin

Ask Me Anything Honouring Veterans

Military service to civilian life: the experience of transition



Sandra
Arseneault



Mark
Paine

Time: 1:00 pm EST

Date: November 16, 2022

Hosts: Marcie Lane and Carolyn Schier

On Wednesday, November 16, we held our interdepartmental [Ask Me Anything event, Honouring Veterans](#), in collaboration with the Department of National Defence and Health Canada. Participants tuned in virtually from many departments to take part in the commemorative event to honour the service, courage, and sacrifices of veterans and the generations of Canadians who have dedicated their lives to our country.

The event was opened by Wanda Lewis, Team Leader, Benefits Delivery Services Branch – Atlantic Region, Service Canada. Her personal opening remarks left all of those in attendance touched by her story. Likewise, the closing remarks were provided by Amy Meunier, Assistant Deputy Minister, Commemoration and Public Affairs, Veterans Affairs Canada, which served as a moment of reflection for the listeners. The conversation was co-moderated by Tanya Wiltshire, Senior Communications Officer, Veterans Affairs Canada and Carolyn Schier, Support Services Unit, Integrated Business Management Services, Canadian Coast Guard (CCG).

Throughout the event we welcomed 4 passionate speakers to the virtual stage to share their experiences as veterans. Among these individuals were:

- Lieutenant-Colonel (ret) Tammy Tremblay, Human Rights Lawyer and Policy Maker, Refugee Appeal Division, Immigration & Refugee Board of Canada
- Maurice AuCoin, Regional Director, Operations, Canadian Coast Guard (CCG), Central Region
- Mark Paine, Veteran Artillery Officer, Canadian Armed Forces (CAF)
- Sandra Arseneault, Director General, Public Safety Canada

We are so grateful for the vulnerability that these panelists shared. As veterans, they spoke about life after military service and the emotional, mental, and physical challenges they face. They also discussed the lifelong skills and expertise gained during service and how they can be applied to civil public service. We have all benefited from the incredible service and sacrifice of the Canadians who have proudly served our country. From coast to coast to coast people like Tammy, Maurice, Mark and Sandra have proudly served our country, at home and abroad, helping maintain peace and freedom and allowing us to lead the lives we do today.

For those who didn't get a chance to tune in live, we invite you to watch the [event recording](#) and to share this event with members of your family, friends, and community.

DFO-CCG events: Diversity and Inclusion and Ask Me Anything series

Have ideas for upcoming AMAs, want to share more of yourself with our organization, or share general feedback? Contact the [Internal Communications, Event Management and Publications Team](#)! We are committed to learning more and doing better and hope you join us on this challenge.

To get involved with the Ask Me Anything Community and access documentation from past events, join us on our new [Ask Me Anything site on GC Wiki collab](#). Together, we're creating a safe space for these important conversations within the Government of Canada.